



Summer 2022

We are located at:

5811 E. Speedway Blvd
Tucson, AZ, 85712
Reddington Plaza

Enter through back parking lot

Important Info:

520.275.1085

breakoutstudios.online

Classes are for movers 13+.

Please arrive at least 5 mins before class begins..Class levels, descriptions and suggested attire can be found on our website.

Prices:

Drop-In Class: \$10.00

5 Class Card: \$45.00

10 Class Card : \$85.00

30 Day Unlimited: \$125.00

Life Moves Membership: \$89.00

(Life Moves Membership auto bills once a month and requires a min of 6 month commitment.)

Pay in person. Online through our website or Venmo BreakOutStudios (Code 1085).



Scan with camera phone for BreakOut links.

CLASS SCHEDULE

MONDAY

11:30AM Mat Pilates w/ Maria

12:30PM Int. Jazz w/ Maria

1:30PM Pop Jazz w/ Laurie

6:00PM Open Modern w/ Tammy

7:00PM Dance Cardio w/ Melissa

TUESDAY

9:00AM Ballet Basics w/ Taylor

10:00AM Adv Ballet w/ Taylor

11:30AM Jazz Basics w/ Marissa

12:30PM Contemporary Basics w/ Gabi

1:30PM Lyrical Basics w/ Yvette

5:30PM Hip Hop Basics w/ Blake

6:30PM Dance Cardio w/ Todd

7:30PM Femme w/ Marissa

8:30PM Street Styles w/ Blake

WEDNESDAY

9:30AM Muscle Tone w/ Blake

10:30AM TRX Skills w/ Blake

11:30AM Contemporary w/ Maria

1:00PM Tap Basics w/ Laurie

2:00PM Open Tap w/ Laurie

5:30PM Int. Hip Hop w/ Blake

6:30PM Hip Hop Cardio w/ Blake

7:30PM Adv Jazz w/ Todd

THURSDAY

10:00AM Int. Ballet w/ Taylor

11:30AM Pop Jazz w/ Todd

1:30PM TRX Skills w/ Blake

5:30PM Street Styles w/ Blake

6:30PM Groove Cardio w/ Todd

7:30PM Heels w/ Yvette

FRIDAY

9:30AM TRX Basics w/ Blake

10:30AM House Basics w/ Blake

5:00PM TRX Skills w/ Blake

6:00PM Tap Basics w/ Laurie

7:00PM Open Tap w/ Laurie

SATURDAY

9:00AM Adv Ballet w/ Maria

10:30AM Pop Jazz w/ Todd

11:30AM Dance Cardio w/ Blake

12:30PM Adv Hip Hop Choreo w/ Blake

1:30PM Modern Flow w/ Ezra

SUNDAY

10:00AM TRX BootCamp w/ Blake

11:00AM Open Belly Dance w/ Melissa

12:00PM Leaps & Turns Basics w/ Yvette

1:00PM Open Leaps & Turns w/ Yvette