



FALL 2022

We are located at:

5811 E. Speedway Blvd
Tucson, AZ, 85712
Reddington Plaza
Enter through back parking lot

Important Info:

520.275.1085

breakoutstudios.online

Classes are for movers 13+.

Please arrive at least 5 mins before class begins..Class levels, descriptions and suggested attire can be found on our website.

Prices:

Drop-In Class: \$10.00

5 Class Card: \$45.00

10 Class Card : \$85.00

30 Day Unlimited: \$125.00

Life Moves Membership: \$89.00

(Life Moves Membership auto bills once a month and requires a min of 6 month commitment.)

Pay in person. Online through our website or Venmo BreakOutStudios (Code 1085).



Scan with camera phone for BreakOut links.

CLASS SCHEDULE

***Schedule subject to change. Please check social media or our mindbody online schedule for updates.

MONDAY

9:00AM Intro to Ballet w/ Maria
10:00AM Int/ Adv Ballet w/ Maria
11:30AM Mat Pilates w/ Maria
6:00PM Open Modern w/ Tammy
7:00PM BellyDance Choreo w/ Melissa

TUESDAY

9:00AM Ballet Basics w/ Taylor
10:00AM Adv Ballet w/ Taylor
11:30AM Jazz Basics w/ Marissa
12:30PM Contemporary Basics w/ Gabi
5:30PM Hip Hop Basics w/ Blake
6:30PM Dance Cardio w/ Todd
7:30PM Femme w/ Marissa
8:30PM Street Styles w/ Blake

WEDNESDAY

9:00AM Yoga Stretch w/ Ezra
10:00AM Yoga Flow w/ Ezra
11:00AM Acro/ Partner Yoga w/ Ezra
6:00PM Int/ Adv Ballet w/ Taylor J.
7:30PM Adv Jazz w/ Todd

THURSDAY

9:00AM Ballet Basics w/ Taylor J.
10:00AM Int. Ballet w/ Taylor J.
4:30PM House Basics w/ Blake
5:30PM Street Styles w/ Blake
6:30PM Groove Cardio w/ Todd
7:30PM Heels w/ Yvette

SATURDAY

9:00AM Adv Ballet w/ Taylor C.
10:30AM Pop Jazz w/ Todd
11:30AM Dance Cardio w/ Todd
12:30PM Hip Hop Basics w/ Blake
1:30PM Adv Hip Hop w/ Blake
2:30PM Yoga Stretch w/ Ezra
3:30PM Modern Flow w/ Ezra

SUNDAY

9:00AM TRX & Stretch w/ Blake
10:00AM TRX BootCamp w/ Blake
11:00AM Open Belly Dance w/ Melissa
12:00PM Leaps & Turns w/ Yvette