



FALL 2022

We are located at:

5811 E. Speedway Blvd
Tucson, AZ, 85712
Reddington Plaza
Enter through back parking lot

Important Info:

520.275.1085

breakoutstudios.online

Classes are for movers 13+.
Please arrive at least 5 mins
before class begins..Class levels,
descriptions and suggested attire
can be found on our website.

Prices:

Drop-In Class: \$10.00

5 Class Card: \$45.00

10 Class Card : \$85.00

30 Day Unlimited: \$125.00

Life Moves Membership: \$89.00
(Life Moves Membership auto bills
once a month and requires a min
of 6 month commitment.)

**Pay in person. Online through
our website or Venmo
BreakOutStudios (Code 1085).**



Scan with camera phone for BreakOut links.

CLASS SCHEDULE

***Schedule subject to change. Please check social media
or our mindbody online schedule for updates.

MONDAY

9:00AM Intro to Ballet w/ Maria
10:00AM Int/ Adv Ballet w/ Maria
11:30AM Mat Pilates w/ Maria
6:00PM Open Modern w/ Tammy
7:00PM Dance Cardio w/ Melissa

TUESDAY

9:00AM Ballet Basics w/ Taylor C.
10:00AM Adv Ballet w/ Taylor C.
11:30AM Jazz Basics w/ Marissa
12:30PM Contemporary Basics w/ Gabi
1:30PM Lyrical Basics w/ Marissa
5:30PM Hip Hop Basics w/ Blake
6:30PM Dance Cardio w/ Todd
7:30PM Femme w/ Marissa
8:30PM Street Styles w/ Blake

WEDNESDAY

9:00AM Yoga Stretch w/ Ezra
10:00AM Yoga Flow w/ Ezra
11:00AM Partner Yoga w/ Ezra
***Yoga classes begin 9/21.
5:30PM Int. Hip Hop w/ Blake
6:30PM Hip Hop Cardio w/ Blake
7:30PM Adv Jazz w/ Todd

THURSDAY

9:00AM Ballet Basics w/ Taylor J.
10:00AM Int. Ballet w/ Taylor J.
11:30AM Pop Jazz w/ Todd
5:30PM Street Styles w/ Blake
6:30PM Groove Cardio w/ Todd
7:30PM Heels w/ Yvette

FRIDAY

9:30AM TRX Basics w/ Blake
10:30AM TRX & Stretch w/ Blake
6:00PM Tap Basics w/ Laurie
7:00PM Open Tap w/ Laurie

SATURDAY

9:00AM Adv Ballet w/ Taylor C.
10:30AM Pop Jazz w/ Todd
11:30AM Dance Cardio w/ Blake
12:30PM Hip Hop Basics w/ Blake
1:30PM Adv Hip Hop Choreo w/ Blake
2:30PM Yoga Stretch w/ Ezra (Starts 9/24)
3:30PM Modern Flow w/ Ezra

SUNDAY

10:00AM TRX BootCamp w/ Blake
11:00AM Open Belly Dance w/ Melissa
12:00PM House Basics w/ Blake
1:00PM Open Leaps & Turns w/ Yvette