

# SCHEDULE

5811 E. Speedway Blvd, Reddington Plaza, enter through back parking lot.

## MONDAY

5:30PM Hip Hop Cardio w/ Kyla  
6:30PM Open Modern w/ Tammy  
7:30PM Tap Basics w/ Ari  
8:30PM Open Tap w/ Ari

## TUESDAY

9:00AM Ballet Basics w/ Krissy  
10:00AM Adv Ballet w/ Krissy  
5:30PM BootyBelly WorkOut w/ Rachel  
6:30PM Dance Cardio w/ Todd  
7:30PM Jazz Funk w/ Kyla

## WEDNESDAY

9:00AM Yoga Stretch w/ Alicia  
10:00AM Yoga Flow w/ Alicia  
5:30PM Open Leaps & Turns w/ Yvette  
6:30PM Adv Jazz w/ Todd

## THURSDAY

9:00AM Ballet Basics w/ Taylor J.  
10:00AM Int. Ballet w/ Taylor J.  
12:00PM Intro to Ballet w/ Taylor J.  
5:30PM Hip Hop Basics w/ Justin  
6:30PM Groove Cardio w/ Todd  
7:30PM Heels Choreo w/ Yvette  
8:30PM Slow & Sexy w/ DeShanna

## FRIDAY

Closed for online class filming,  
content creation and rentals.

## SATURDAY

8:00AM Strength for Stability w/ Kyla  
9:00AM Adv Ballet w/ Taylor C.  
10:30AM Pop Jazz w/ Todd  
11:30AM Dance Cardio w/ Todd  
12:30PM Open Modern w/ Cynthia

## SUNDAY

9:00AM TRX & Stretch w/ Rachel  
10:00AM TRX BootCamp w/ Rachel  
11:00AM Open Belly Dance w/ Melissa  
12:00PM Jazz Basics w/ Laurie  
1:00PM Intermediate Jazz w/ Laurie

## PRICING:

### Drop-In Class: \$12.00

(Expires one month after purchase)

### Life Moves Membership: \$89.00

Unlimited classes and amazing  
perks. Autobills once a month. Ask  
for for more info! All sales are final.

\*\*\*Schedule is subject to change. Please  
check social media for daily schedule posts  
and updates.

## Important Info...

BreakOut classes are  
for movers **ages 16+**

Arrive **10 mins** before  
each class to sign in  
for class. Clients 10  
minutes or more late  
will not be permitted  
into class.

BreakOut does not  
have a **dress code**,  
however, we do  
recommend active  
wear and form fitting  
clothing for technique  
classes.

BreakOut sells **water**,  
sport drink and  
snacks. You are  
welcome to bring your  
water.

BreakOut is a  
beautifully **diverse**  
community. We expect  
that all movers treat  
one and other with  
respect.

For further info visit  
our website or email  
us at **breakoutstudios**  
**tucson@gmail.com**

Life Moves...  
Move With It!

# breakoutstudios.online

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