



CLASS SCHEDULE

Updated: 3/3/23

We are located at:

5811 E. Speedway Blvd
Tucson, AZ, 85712
Reddington Plaza

Enter through back parking lot.

***NEW - We NOW offer classes at Floor Polish Studio on 930 N. Stone Ave.

Important Info:

520.275.1085

breakoutstudios.online

Classes are for movers 13+.

Please arrive at least 5 mins before class begins..Class levels, descriptions and suggested attire can be found on our website.

Prices:

Drop-In Class: \$10.00

5 Class Card: \$45.00

10 Class Card : \$85.00

30 Day Unlimited: \$125.00

Life Moves Membership: \$89.00

Pay in person. Online through our website or Venmo BreakOutStudios (Code 1085).



Scan with camera phone for BreakOut links.

MONDAY

***BreakOut Studios: 5811 E. Speedway Blvd

6:00PM Open Modern w/ Tammy

7:00PM Tap Basics w/ Marissa

8:00PM Open Tap w/ Marissa

***Floor Polish Studio: 930 N. Stone Ave

5:30PM Leaps & Turns w/ Yvette (Studio A)

6:30PM Groove Cardio w/ Melissa (Studio A)

TUESDAY

***BreakOut Studios: 5811 E. Speedway Blvd

9:00AM Ballet Basics w/ Taylor

10:00AM Adv Ballet w/ Taylor

5:30PM BootyBelly WorkOut w/ Rachel

6:30PM Dance Cardio w/ Todd

7:30PM Femme w/ Marissa

***Floor Polish Studio: 930 N. Stone Ave

6:00PM Hip Hop Basics w/ Blake (Studio A)

6:00PM Heels Choreo w/ Carter (Studio B)

7:00PM Drag Queen Choreo w/ Carter (Studio A)

7:00PM Adv Hip Hop w/ Blake (Studio B)

WEDNESDAY

***BreakOut Studios: 5811 E. Speedway Blvd

9:00AM Yoga Stretch w/ Ezra

10:00AM Yoga Flow w/ Ezra

6:00PM Int/ Adv Ballet w/ Taylor J.

7:30PM Adv Jazz w/ Todd

***Floor Polish Studio: 930 N. Stone Ave

6:00PM Dance Cardio w/ Kyla (Studio A)

6:00PM Open Belly Dance w/ Melissa (Studio B)

7:00PM Street Styles Basics w/ Blake (Studio B)

8:00PM Street Styles Choreo w/ Blake (Studio B)

THURSDAY

***BreakOut Studios: 5811 E. Speedway Blvd

9:00AM Ballet Basics w/ Taylor J.

10:00AM Int. Ballet w/ Taylor J.

6:30PM Groove Cardio w/ Todd

7:30PM Heels w/ Yvette

***Floor Polish Studio: 930 N. Stone Ave

12:30PM Intro to Ballet w/ Taylor J. (Studio A)

SATURDAY

***BreakOut Studios: 5811 Speedway Blvd

9:00AM Adv Ballet w/ Taylor C.

10:30AM Pop Jazz w/ Todd

11:30AM Dance Cardio w/ Todd

12:30PM Open Modern w/ Ezra

1:30PM Yoga Stretch w/ Ezra

***Floor Polish Studio: 930 N. Stone Ave

Classes coming soon!

SUNDAY

***BreakOut Studios: 5811 Speedway Blvd

9:00AM TRX & Stretch w/ Blake

10:00AM TRX BootCamp w/ Blake

11:00AM Open Belly Dance w/ Melissa

***Floor Polish Studio: 930 N. Stone Ave

Classes coming soon!

***Schedule subject to change. Please check social media or our mindbody online schedule for updates.