



# CLASS SCHEDULE

Updated: 4/24/23

**We are located at:**

5811 E. Speedway Blvd  
Tucson, AZ, 85712  
Reddington Plaza

Enter through back parking lot.

\*\*\*NEW - We NOW offer classes at Floor Polish Studio on 930 N. Stone Ave.

**Important Info:**

520.275.1085

[breakoutstudios.online](http://breakoutstudios.online)

Classes are for movers 13+.

Please arrive at least 5 mins before class begins. Class levels, descriptions and suggested attire can be found on our website.

**Prices:**

Drop-In Class: \$10.00

5 Class Card: \$45.00

10 Class Card : \$85.00

30 Day Unlimited: \$125.00

Life Moves Membership: \$89.00

**Pay in person. Online through our website or Venmo BreakOutStudios (Code 1085).**



Scan with camera phone for BreakOut links.

## MONDAY

\*\*\*[BreakOut Studios: 5811 E. Speedway Blvd](#)

**6:00PM Open Modern** w/ Tammy

**7:00PM Tap Basics** w/ Ari

**8:00PM Open Tap** w/ Ari

## TUESDAY

\*\*\*[BreakOut Studios: 5811 E. Speedway Blvd](#)

**9:00AM Ballet Basics** w/ Taylor

**10:00AM Adv Ballet** w/ Taylor

**5:30PM BootyBelly WorkOut** w/ Rachel

**6:30PM Dance Cardio** w/ Todd

**7:30PM Femme** w/ Carter

**8:30PM Heels Choreo** w/ Carter

## WEDNESDAY

\*\*\*[BreakOut Studios: 5811 E. Speedway Blvd](#)

**9:00AM Yoga Stretch** w/ Ezra

**10:00AM Yoga Flow** w/ Ezra

**6:00PM Int/ Adv Ballet** w/ Taylor J.

**7:30PM Adv Jazz** w/ Todd

## THURSDAY

\*\*\*[BreakOut Studios: 5811 E. Speedway Blvd](#)

**9:00AM Ballet Basics** w/ Taylor J.

**10:00AM Int. Ballet** w/ Taylor J.

**12:00PM Intro to Ballet** w/ Taylor J.

**5:30PM Hip Hop Basics** w/ Justin

**6:30PM Groove Cardio** w/ Todd

**7:30PM Heels Choreo** w/ Yvette

## SATURDAY

\*\*\*[BreakOut Studios: 5811 Speedway Blvd](#)

**9:00AM Adv Ballet** w/ Taylor C.

**10:30AM Pop Jazz** w/ Todd

**11:30AM Dance Cardio** w/ Todd

**12:30PM Open Modern** w/ Ezra

**1:30PM Yoga Stretch** w/ Ezra

## SUNDAY

\*\*\*[BreakOut Studios: 5811 Speedway Blvd](#)

**9:00AM TRX & Stretch** w/ Kyla

**10:00AM TRX BootCamp** w/ Kyla

**11:00AM Open Belly Dance** w/ Melissa

\*\*\*Schedule subject to change. Please check social media or our mindbody online schedule for updates.

